

Princess Royal Trust

The Princess Royal Trust for Carers in Hampshire 'Time Together Group' in Hayling Island is a monthly support group for people affected by Dementia and their friends, family and carers, held at the Hayling Island Community Centre, Station Road. PO11 0HB. The Group meets on the **2nd Wednesday of each month** 1.30pm- 3.30pm except August. Groups such as this provide an opportunity for people with dementia, family members and carers to meet regularly and talk about living with dementia, in an informal social environment, take part in fun activities and ask questions of professionals. There will be the chance for carers to engage with other carers and a Trust Carer Support Worker will be in attendance. If you would like more information, please contact Andrea FitzPatrick on 07824 905373 or our Andover Office on 01264 835246

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